

A globally publicized forum requires an organization, such as a foundation, to implement “Bold Solutions for Ending War.” Below are some possible presenters, none of whom has been contacted or agreed to participate. This idea is thus at the visionary stage. Note that they are mostly not political figures or environmental experts but rather, those with methods and practices to heal the human spirit and relationships in general. Peace is not all “out there” to be worked for or attained, but rather, in each of us. From both individual and mass transformation a new world can be born. The list:

- 1) Select a representative of author and psychologist, Alice Miller, now deceased, who wrote numerous books on how *unconscious* trauma from childhood affects violence and dysfunctional behavior in adulthood; she researched Hitler, Stalin and Hussein, all severely abused in childhood and who acted out their suppressed rage on the world. (Al Zarwiri was brutally tortured in Egypt before radicalizing Bin Laden.) Trauma can be healed.
- 2) A representative of Bert Hellinger, German developer of a method of education and healing, Family Constellation work which removes factors that prevent the flow of love in families. He proposes that perpetrators of war and violence are not so much “evil” as unconscious of their dark sides. Becoming conscious is essential to healing and creating peace. A worldwide network of practitioners, influenced by him but not necessarily following him, continue to apply and adapt a broad range of personal, organization and political applications.
- 3) Gina Ross, founder and chair of the International Trauma-Healing Institute in the U.S. and co-founder of the Israeli Trauma Center in Jerusalem. Does cutting-edge work around the ideas that a “trauma vortex forms in a downward spiral that traps people and takes on a life of its own. The “healing vortexes,” by comparison, convey hope and the innate capacity of people to cope with tragedy and heal on their own. Author of a book on the media’s role in trauma.
- 4) Leymah Gbowee, leader of the Liberian women’s movement which put their lives on the line in protest of a civil war that murdered 250,000 in a country of 3 million. When they protested in the courtyard of dictator, Charles Taylor, he finally announced, “If the women want me to leave, then I will.” He did, thereby opening the door to a woman president. She was guarded and hidden by cadres of women during the time when Liberia lacked law and order. Gbowee’s story is told in *Mighty Be Our Power: How Sisterhood, Prayer and Sex Changed A Nation At War*.
- 5) Peter Levine, Ph.D. author of *In An Unspoken Voice: How the Body Releases Trauma and Restores Goodness*. Levine has established the Foundation for Human Enrichment, a Somatic Experiencing Institute dedicated to resolving trauma worldwide by providing state-of-the art professional training and education in somatic experiencing.
- 6) Bessel Van Der Kolk, M.D., author of *The Body Keeps the Score*. He is an internationally recognized leader in the field of psychological trauma. His Trauma Center, a program of Justice Resources Center, provides training and consulting on a national and international level to interdisciplinary providers as well as worldwide dissemination of research and clinical resources.
- 7) Edward Tick, Ph.D., founder of The Soldier’s Heart center which is based on the idea that war wounds are sacred, and properly treated, can lead to wisdom and transformation. Tick knows that the carnage of war and military service means that the soldier’s core self or soul actually flees, but that it can be retrieved and healed. Trauma is an identity issue rather than a stress condition. His methods promote deep healing. (Author of *War and the Soul*)
- 8) Marshal Rosenberg, Ph.D. who has spent a lifetime teaching people to use non-violent communication to prevent conflict. Heads the Center for Non-violent Communication, an

international organization that is changing lives in over 100 countries and now in 4 languages. Gives international intensive trainings in non-violent communication.

- 9) Kay Lindahl, founder of "The Listening Center and convener of global projects encouraging women's spiritual leadership. Author of *The Sacred Art of Listening* (a healing art) and participant in several global peace organizations.
- 10) Kofi Annan, Ghanaian diplomat who served as the 7th Secretary General of the UN and recipient of the Nobel Peace Prize. Witness to horrific violence that he was powerless to affect at the UN. His foundation mediates and promotes actionable programs to mobilize the political will that allows peace to be established. Annan suggested, "What begins with the failure to uphold the dignity of one life all too often ends with a calamity for entire nations."
- 11) Indigenous healers, of which there are some 50 forms or disciplines, who represent an untapped resource for a world that needs healing en masse. There are people who are experts in this area who could identify spokespersons.
- 12) Psychotherapists (social workers and psychologists) the world over who might offer pro bono services as part of their practices. They might facilitate group approaches such as those utilized by Elisabeth Kubler-Ross in her "Life, Death and Transition" workshops (where I was healed of my Vietnam participation trauma and observed the same for others who were more deeply traumatized)
- 13) Representatives of alternative medicine practices, such as yoga and other body-mind approaches that can help heal wounded selves. Representatives of the healing arts, such as music, dance, theater and painting.
- 14) Bellaruth Naporstak, psychotherapist and guided imagery pioneer, author of *Invisible Heroes: Survivors of Trauma and How They Heal*. Expert on guided imagery as healing for mainstream health and mental health bureaucracies such as the U.S. Department of Veterans Affairs, Department of Defense and insurance companies, hospitals and recovery centers.
- 15) Judith Lewis Herman, M.D., Harvard psychiatrist, who wrote the ground-breaking 1992 book, *Trauma and Recovery* and is known for her development of Complex PTSD which applies to victims of sex trafficking, domestic violence survivors, repeatedly victimized rape victims, POW's and multi-trauma sufferers.
- 16) Marion Woodman, Ph.D. Jungian expert and author of many books on how the shadow side of people and cultures is unconsciously, dangerously tipping the balance to the destruction of the world. Major contributor to helping us see how "ordinary people" must confront and transform our "dark sides" in order to become whole and healthy. Core knowledge for healing strategies.
- 17) Barbara Walker, author of *Crone: Women of Age, Wisdom and Power* who had the courage to say in 1985, "The modern world is ruled largely by men of middle age and older. Though such individuals may be qualified for leadership in business and politics by reason of their career experience, as a group they may be the least qualified psychologically to make vital decisions on behalf of the human species."
- 18) Claude Anshin Thomas, American Buddhist monk who participated in horrific Vietnam violence, describes as he travels the world, how he came to unpeel the layers of Self that had been trained into him by a family of warriors to destroy life. After being addicted to drugs, alcohol, sex and relationships, he began to heal through meditation, reflection and Buddhism. He is an international speaker, teacher and writer who advocates non-violence and is founder of the Zaltho Foundation which is dedicated to ending violence.

- 19) Francine Shapiro, Ph.D., originator and developer of EMDR, Eye Movement Desensitization and Reprocessing, a process adopted by the Department of Veterans Affairs and the Department of Defense to heal post-traumatic stress. Practitioners and training are available worldwide.
- 20) Stephanie Mines, author of *We Are All In Shock* who has developed a process and training program to heal trauma called the TARA approach, taught in hospitals, domestic violence shelters and beyond.
- 21) Terry Kupers, M.D. an expert on prison violence and madness.
- 22) Leslie E. Korn, Ph.D. Harvard Medical School trained behavioral medicine doctor and natural medicine clinician who suggests that imposed development in the fourth world undermines the individual spirit and traumatizes the community. She has in-depth understanding of indigenous healing.
- 23) Iraq and Afghanistan Veterans of America (IAVA), an organization dedicated to offering resources for coping with war trauma to troops and survivors and their civilian supporters.
- 24) United Religious Initiative, a growing, grassroots, interfaith, global network of individuals, organizations and associates working to build cultures of peace and justice for the benefit of the entire earth community.
- 25) Archbishop Desmond Tutu, author, with his daughter, Mpho Tutu, of *The Book of Forgiving: The Fourfold Path for Healing Ourselves and Our World*, and Nobel Peace Prize winner who is regarded as "South Africa's Moral Conscience." He led the Truth and Reconciliation Commission in South Africa after the fall of apartheid which could serve as a model for many others.
- 26) Thich Nhat Hanh, a Vietnamese Buddhist monk who has published more than 100 books, 40 of them in English. He has been very active in the peace movement, promoting non-violent solutions to conflict as well as non-violence towards non-human animals. He suggests that peace is not external to be sought after or attained. Instead, living mindfully, slowing down and enjoying each step and breath is a route to personal healing.
- 27) Otto Scharmer and Katrin Kaufer, authors of *Leading From the Emerging Future*, a management systems approach to reinventing organizations and society. They identify a global movement of three segments---ecological, socio-economic and spiritual-cultural that could constitute a global shift in consciousness. They have strategies for healing at the organization level as do others.
- 28) Various women leaders, including the global network of Catholic Sisters, who can address the phenomenon of "women rising" to heal and lead the world. Women have a special role to play in this shift in consciousness because of our natural strengths and role as birthers of children.
- 29) Stanislav Grof, M.D., Ph.D., Czech psychiatrist, a world-recognized authority on the young discipline of transpersonal psychology. Ground breaking work on the healing potential of non-ordinary states of consciousness based on over 50 years of research. Developed holotropic breathwork, with his wife, Christina, a major transpersonal psychology healing method.
- 30) The 14th Dalai Lama, spiritual leader of the Tibetan people and Nobel Peace Prize recipient. He is a world peace leader who teaches love and compassion and the oneness of the human family. He speaks about the welfare of the environment, economics, women's rights, non-violence, interfaith dialogue, physics, astronomy and more
- 31) Pope Francis, current Pope of the Roman Catholic Church. Noted for his humility, emphasis on God's mercy, concern for the poor, living simply, committed to interfaith dialogue and making the Catholic Church more welcome and opening. He is also opposed to consumerism, unbridled capitalism and irresponsible development but supports taking action on climate change.

